



THE



LENT



CHALLENGE



# FIELDS OF LIFE

Fields of Life is committed to sharing the Christian faith by collaborating with local communities and churches in East Africa to bring about positive change through the provision of quality education, clean water, health promotion and other community based projects. It is our passionate desire to see local partners and churches throughout central East Africa to be strengthened and empowered to be drivers of change in their own communities.

## WHAT IS WATER FOR LIFE?

Many communities in East Africa don't have access to a water supply leading to waterborne diseases and death. WATER FOR LIFE is part of our Water, Sanitation and Hygiene (WASH) programme that seeks to bring a clean, safe and accessible water supply to communities in East Africa. To date, the Fields of Life drilling team and water partners have drilled 652 wells in East Africa.



OVER ONE TENTH OF THE WORLD DOES NOT HAVE ACCESS TO CLEAN DRINKING WATER.

AN ESTIMATED 200 MILLION HOURS PER DAY ARE SPENT BY WOMEN AND CHILDREN COLLECTING WATER.

443 MILLION SCHOOL DAYS ARE LOST EACH YEAR DUE TO WATER RELATED DISEASES.

71 PERCENT OF GIRLS DROP OUT OF SCHOOL BEFORE COMPLETING PRIMARY 7.

ONLY 1 IN 5 GIRLS MAKE IT TO SECONDARY SCHOOL.

85 PERCENT OF GIRLS DO NOT COMPLETE SECONDARY EDUCATION.

## WHAT IS I AM GIRL?

We believe all girls are entitled to dignity and a future and have the potential to be change makers within their community.

I AM GIRL is part of our WASH programme that aims to create and foster girl-friendly school environments. It is a health care initiative, passionate about educating both girls and boys,



men and women, within the Fields of Life school network in East Africa to address challenges faced by young women today, and to empower them to complete their education and become change makers within their communities.

# THE LENT CHALLENGE



Join us during Lent 2018 for  
**The Water for Life Lent Challenge!**

From **Wednesday 14th February to Sunday 1st April** we would love for your church to join us in this exciting event! A challenge to give something up or perhaps to begin something new.

Any money that you are able to save through the challenge of giving something up will be used to **"Fill Jerry"**, and to raise money for our Water For Life programme. Or maybe, you'll start something new or get sponsored for a challenge!

We are inviting churches from all over Northern Ireland, Republic of Ireland and Great Britain to join with us during Lent 2018 to raise money collaboratively for the Fields of Life Water for Life Campaign.

Together, we hope to be able to bring clean and accessible water to vulnerable communities in East Africa.







## WHAT WILL HAPPEN WITH THE MONEY THAT IS RAISED DURING THE LENT CHALLENGE?

All money raised through the Lent Challenge in 2018 will be used in our WASH programmes to drill wells for communities in East Africa.

A borehole creates a clean and accessible water supply for a community which :

- reduces the hours spent walking for water and ultimately reduces the number of days of school that are missed;
- reduces the number of water related diseases and deaths;
- reduces the risk of attack on young girls who are forced to walk long distances to collect water.



**THE LENT CHALLENGE 2017** Churches from the Republic of Ireland, took part in the Fields of Life Lent Challenge and donated money that they had saved through sacrifice to Fill Jerry. Together, they raised enough money to drill a well in East Africa, providing a community with clean water. We are so grateful to everyone who took up the Lent Challenge in 2017 and are so excited by the potential of more churches joining together to take part in the Water for Life Lent Challenge in 2018!



## FUNDRAISING IDEAS

There are so many different ways to raise money individually, in a small group or as a church. Try something new, get people involved and see people get excited and become passionate! At Fields of Life, we will support you as you fundraise within your church. We would love to hear how you are fundraising so we can support you and get other people involved.

We want you to enjoy your fundraising activity as much as possible, so we have offered some helpful ideas.

- Challenge yourself & fill a Jerry Can
- Coffee morning
- Afternoon tea party
- 'Come Dine with Me' Dinner event
- Sponsored Walk/Run/Cycle/swim
- Craft fair
- Kids' Easter egg/ hat competition
- 5-a-side football tournament
- Cinema Night
- Fashion Show
- Social
- Non-Uniform Day in a school
- Aerobics Class
- Karaoke/Talent Show





## SUPPORT FROM FIELDS OF LIFE

We are so grateful for every effort to support Fields of Life and raise money that will see communities and lives truly transformed in East Africa. We appreciate all the time taken to fundraise and will seek to support your church as you join us in the Water for Life Lent Challenge 2018. Alongside direct contact with the Fields of Life staff we will be able to support you and your church through:

Online Support  
Personalised Posters  
Photos  
Pull up Banners  
Children's Resource

Leaflets  
Powerpoint Templates  
Videos  
Jerry Cans for donations  
A speaker to share about FOL

Get in contact with us to find out more by contacting [emma.pollock@fieldsoflife.org](mailto:emma.pollock@fieldsoflife.org) or by telephoning head office on +44 (0) 2838390395.

**THANK YOU FOR SUPPORTING FIELDS OF LIFE AND OUR LENT CHALLENGE.**

Charity No. : NI 104839 | ROI 20042677 | England and Wales 1173249  
Company No. : NI 30695 | ROI 352300 | England and Wales 09642193

CELEBRATING  
25 YEARS  
  
fields of life  
CHANGING LIVES, BUILDING HOPE